

The new Y.

Building a regional focal point for healthy families and recreation



Elliott Bandrowski, ranked #8 in the Midwest, enjoys the game he loves at the Grand Traverse Bay YMCA.

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- A post-visit update with Olympian Janet Evans
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Elliott Bandrowski



EIGHTH RANKED BANDROWSKI PLAYS TENNIS AT THE Y

The new tennis ranking list for the Midwest Section of the United States Tennis Association came out last month, and a local tennis player has made it into the top ten in his age division. Elliott Bandrowski is ranked number eight of all the ten year olds in the Midwest.

"To have this top ten ranking is such an honor, especially in a section as big and with as much talent as there is in the Midwest," commented YMCA tennis pro Joseph Van Deinse, coach for Bandrowski.

The Midwest Section includes all players from Michigan, Wisconsin,

Ohio, Illinois, Indiana, and parts of Kentucky, and is divided into 14 districts. Traverse City is part of the Northern Michigan District, and compared with Chicago, Southeastern Michigan, Central Indiana, and Ohio Valley, it is by far the smallest district by population.

Tennis is one of 65 different programs run at the Grand Traverse Bay YMCA, and is offered to all ages from 3 to adult. Lessons are offered for ages 3 to adult for all skill levels on indoor and outdoor courts. For more information visit www.gtbayymca.org or phone 933-YMCA.

Hold The Date

SEPTEMBER 3RD

PLAY in the tennis tourney fundraiser 9:30 am – 12:30 pm, Sat, Sept 3 at Central High School in Traverse City. Entry deadline Sat, Aug 27!

NOVEMBER 6TH

WATCH our tennis exhibition, to be held on Sun, Nov 6 at the Grand Traverse Bay YMCA, featuring 1993 French Open Doubles champions Luke and Murphy Jensen from Ludington.



LUKE & MURPHY JENSEN
1993 French Open
Champions!

When did the National YMCA charter the GTBay YMCA?

ANSWER: In 1963 with Board President Austin VannStratt and VP Dr. Ted Cline.

OLYMPIC SWIMMER JANET EVANS STAGES COMEBACK

An Update on Janet Evans' Traverse City Visit

When Olympian Janet Evans arrived at 8:30 am May 12th, for her TC State Theater Event, she hit the ground running; well maybe we should say swimming. Although she was here just 24 hours she had two swimming sessions. The first one at 2pm, just before she met with Breakers Swim Team at 3:30. The second was at 5am just before catching her plane to LA.

Janet is an energetic and enthusiastic woman. When she met with the Breaker's Swim Team, they were full of questions for her. She embraced the dialogue and the audience was eager to learn how she achieved her success. Her advice was for each of them to commit to a practice schedule and aim for their personal best. A successful team is made up of members who are striving to do their best. Some of the swimmers came to Janet's 5am training



Janet Evans in Traverse City

session and swam with her. "It was cool!"

Following her visit here, she swam in a California masters meet where she achieved her time goal for her event and **that 'triggered' the national announcement that she was training for the London Olympic trials.** Although there are many Olympic athletes her age (40 on 8/28), her comeback is exceptional. Her retirement following the 1996 Olympics is one of the longest competitive layoffs on record. But she has the right attitude and changes in swimming, like new styles, flip turns, and changes in the swim suits allowed, will all be to her advantage.

As Janet was leaving TC she said "I will be back to cut the ribbon at the opening of your new YMCA Pool".

» janetevans.com

How many hours of service did 359 volunteers give in 2010?

ANSWER: 28,349



Janet Evans



Regional Spotlight

Benzie county master plan for recreation shows public wants a pool most of all. Benzie county is the fastest growing county in the five county area.

www.benzieco.net/PDF/Planning_Zoning/MP

FIREMAN MATT MOSHER ON SWIMMING AT THE YMCA

I'm on the marine rescue team and a training officer with Peninsula Township. A lot of our calls end up being water rescues. Obviously, if people know how to swim, there will be fewer rescues.

I learned to swim at a YMCA. The program is proven. It's progressive. And the lessons also hit on water safety.

Everything I've heard from other fire departments shows support, they're all behind the new Y and water safety classes. Prevention is a big part of our business.



"AS the regional population increases and school funding decreases, the YMCA will become a more important outlet for both competitive and non-competitive athletic endeavors." Bill Cartwright

Which Y program has the largest number of participants?

ANSWER: Y Flag and Pop Warner Football with 2,198.



SENIOR COUPLES FIND THE Y SATISFIES LIFE LONG INTERESTS



Dee Kelly & partners

Chuck and Dee Kelly and the YMCA go way back, as in back before it was the YMCA. The Traverse City couple is a living testament to fitness, both still playing tennis into their 80s. "We play once a week, doubles," Dee, 81, said. "We played there before it was the Y." The new Y facility will help with community-wide fitness, said Chuck, 82, including combatting obesity. Keeping fit is a lifestyle choice and one that can be adopted by more and more people with the new Y.

We have many family members that will take advantage of the features of the new Y. It will be a place for the whole family to enjoy.

**CHECK ON
OUR CAMPAIGN
PROGRESS.**

GTBAYYMCA.ORG



Chuck Kelly, D.D.S.



The new Y.
Every gift moves us closer
to our goal.

Mail to:

250 E. Front Street , Ste 310
Traverse City, MI 46984

community foundation

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GOOD TODAY**